

SEPTEMBER 2009

The Spiritual Exercises of St. Ignatius in Daily Life

A Nine-Month Program

**Tuesdays, September 1, 2009-
May 11, 2010**

Director: Sr. Cynthia Sabathier, CSJ

For those who will dedicate one hour a day to prayer and meet weekly for group direction over a nine-month period.

Deadline for registration: August 21, 2009

Fee: \$820 plus materials

(may be paid in four installments)

Limited enrollment

Peer Supervision Group Sessions

For Trained Spiritual Directors

Beginning September 3, 2009, and every first Thursday through May 6, 2010

9:30 a.m.-Noon

Facilitator: Sr. Cynthia Sabathier, CSJ

Those who meet the criteria for participation will be asked to make a commitment to attend regularly and to assume responsibility, at least once each semester, for preparing the prayer, leading the study and submitting a verbatim.

Fee: \$50 for the series

Location: St. Joseph's Academy
Mother Alice Hall
3080 Kleinert Avenue

Finding the Silver Lining in Life's Storm Clouds

**Friday, September 25, 2009
7-9 p.m.**

Presenter: Fr. Matt Linn, SJ

The most difficult Christian doctrine is not the trinity nor the resurrection but the Beatitudes: that we are to be "happy" when poor, mourning, insulted, persecuted and suffering injustice. We will look at where we have lived the reality of the Beatitudes so the gift of that time grows within us. Where we struggle, we will find new life to grow because "in everything God works for good with those who love him." (Rm. 8:28)

Fee: \$25

Location: St. Joseph's Academy Dining Hall
3080 Kleinert Avenue

Walking on Water:

Healing the Peter Within Us
Saturday, September 26, 2009

9 a.m.-3 p.m.

Presenter: Fr. Matt Linn, SJ

Within each of us there is a Peter: one who tries to walk on water in life's storms and fearfully sinks. We find our hollowness as we try to please others and swing from angrily boasting ("I will follow you even if no one else does!") to shamefully lying to the servant girl ("I don't even know the man!"). We get discouraged as we fish all night and catch nothing. We struggle with how to repair broken relationships and to say again, "You know that I love you." Men and women (in their second half of life) need to make Peter's journey. When we discover the

Peter within us, we will experience how Jesus heals our fear, anger, guilt, shame and grief to transform us from "Simon the broken person" to "Peter the rock," the most gifted disciple.

Fee: \$50 (bring brown bag lunch)

Location: St. Joseph's Academy Dining Hall
3080 Kleinert Avenue

OCTOBER 2009

Managing Relationships: What Works and What Doesn't

Saturday, October 17, 2009

9 a.m.-Noon

Presenter: Darryl Ducote, LCSW

Science is confirming that relationships are essential to our well-being, and our faith tells us that relationships are essential to holiness (love of God and love of neighbor). Yet, despite their importance, relationships can be some of the most difficult elements of our life to manage. This workshop will draw upon the findings of years of research to outline what works and what does not work in developing stable and satisfying relationships. The workshop will examine the essential building blocks of emotional closeness, the factors that weaken or destroy that closeness as well as the factors that help regulate conflict and lead to deeper understanding. Some of these same principles can even be applied to our relationship with God.

Fee: \$35

Location: St. Joseph's Academy Dining Hall
3080 Kleinert Avenue

MISSION STATEMENT

The mission of St. Joseph Spirituality Center is rooted in the mission of Jesus Christ, the same mission which continuously unfolds in the Church and in the world: "That they all may be one as you, Father, are in me and I in you; I pray that all may be one in us." (John 17:21)

From its mission, interpreted through the charism of the Congregation of St. Joseph, flows the ministry of companionship in Christ, women and men desirous of a life of faith, prayer and service. Within the Roman Catholic tradition, the Center identifies with Ignatian Spirituality as the context for its offerings.

The purpose of the Center is to promote religious education and the spiritual development of adults. This includes activities that foster the wholeness and holiness of the human person, which leads to a deepening and effective consciousness of the role of the Christian in the world.



For further information on programs or to make an appointment at the St. Joseph Spirituality Center, call (225) 383-3349 or email stjoecenter@aol.com.

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ST. JOSEPH SPIRITUALITY CENTER

2980 Kleinert Avenue
Baton Rouge, LA 70806-6800

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St. Joseph Spirituality Center



**2009-2010
Programs**

2980 Kleinert Avenue
Baton Rouge, LA 70806
Phone: (225) 383-3349
Fax: (225) 336-4874

NOVEMBER 2009

Making the Psalms Our Own
Saturday, November 14, 2009
9 a.m.-Noon

Presenter: Sr. Marie Schwan, CSJ

The ancient Jews believed that "God is enthroned on the praises of Israel." At the heart of prayer is praise and thanksgiving, sorrow and petition: all of which we find beautifully, powerfully expressed in the psalms. This morning of reflection will be focused on the psalms: how they came to be, the various forms they took and how, as the prayer of Jesus and the early church, they continue to be authentic to our own religious hopes and desires. The morning will include background teaching, prayer together and alone, and faith sharing.

Fee: \$35

Location: St. Joseph's Academy Dining Hall
3080 Kleinert Avenue

DECEMBER 2009

Open the Door, Welcome Emmanuel
Friday, December 4, 2009
7-9 p.m.

Saturday, December 5, 2009
9 a.m.-2:30 p.m.

Presenter: Joyce Rupp, OSM

Like Mary of Nazareth, who opened her heart to be the birthing place of Jesus, so each of us is invited to open the door of our heart and welcome the Holy One with fuller faith and greater love. This retreat is an invitation to seek and rediscover this mystery of Emmanuel. During this retreat, we will open the door of our heart and look within our deepest self to discover the Divine Treasure abiding there. We will also open the door of our heart outward to look beyond our self, to be more ready to welcome Emmanuel in others.

The retreat includes conferences by Joyce Rupp, creative ritual, quiet reflective times and opportunities for group dialogue. Please bring notebook or journal and pastels or Crayola markers.

Fee: \$100 (includes lunch)

Location: St. Joseph's Academy Dining Hall
and St. Joseph's Academy Chapel
3080 Kleinert Avenue

JANUARY 2010

Mothers, Metaphors and Models
A Retreat in the Holy Land
Remembering Women in the Bible
Thursday, January 7, through
Sunday, January 17, 2010

This retreat will be led by Sisters Marianne Race, CSJ, Pat Kozak, CSJ, and Barbara Bowe, RSCJ. For additional information, contact Sr. Marianne at (708) 363-6728 or mrace@csjoseph.org.

Mining the Meaning
Saturday, January 16, 2010
9 a.m.-Noon

Presenter: Sr. Sallie Latkovich, CSJ

In an atmosphere of prayerful listening as disciples, Sr. Sallie will lead the group in a reflection which will include describing how, within the Roman Catholic tradition, we hear the Word of God and "mine the meaning." She will use the readings from the Lectionary for Cycle C from Luke's gospel addressing how best to hear God's message within this perspective. Our goal is to deepen our understanding and our prayer.

Fee: \$35

Location: St. Joseph's Academy Dining Hall
3080 Kleinert Avenue

FEBRUARY 2010

We Pray as Who We Are: Matching
Personality to Spirituality
Saturday, February 27, 2010
9 a.m.-Noon

Presenter: Sr. Lucy Silvio, CSJ

Spirituality takes in our relationships with God and others, as well as with ourselves. When our spiritual way is out of sync with our personality, we do not hear God's call as clearly as we need to. This workshop will explore ways of living out your inherent spirituality in a manner that is most authentic and congruent with *who you are*. It will help participants to focus on those spiritual activities and prayer practices that are most likely to be meaningful in the quest for God.

Fee: \$35 (bring brown bag lunch)

Location: St. Joseph's Academy Dining Hall
3080 Kleinert Avenue

MARCH/APRIL 2010

Silent Group Retreat: Rosaryville
Praying with the Women of the Passion
March 25-28, 2010

Thursday or Friday arrival, 5 p.m.
Directors: Sr. Cynthia Sabathier, CSJ,
and Sr. Lucy Silvio, CSJ

This weekend will consist of group conferences, a reconciliation service and celebration of the Eucharist. It offers participants a time of private reflection and relaxation in a setting conducive to prayer.

Fees: March 25-28 (Thursday-Sunday) \$360

March 26-28 (Friday-Sunday) \$300

Location: Rosaryville Spirit Life Center

Great Lessons for the Journey
Friday, April 16, 2010, 7-9 p.m.
Saturday, April 17, 2010, 9 a.m.-2 p.m.
Presenter: Paula D'Arcy

Paula reflects on the images and dreams we held when we were young and then the challenge of allowing life to deepen us. Great lessons arise as we move from our earliest conclusions to the task of finding a deeper spirituality for the second half of life.

Fee: \$100 (bring brown bag lunch for Saturday)

Location: St. Joseph's Academy Dining Hall
and St. Joseph's Academy Chapel
3080 Kleinert Avenue

The Office of Christian Formation for the Diocese of Baton Rouge has approved most of these programs for credit.

INDIVIDUAL SPIRITUAL DIRECTION

Guidance in spiritual growth
By appointment, call (225) 383-3349

Fee: \$35, negotiable

Sr. Cynthia Sabathier, CSJ, Director
Sr. Lucy Silvio, CSJ, Associate Director
Sr. Kathleen Babin, CSJ

GENERAL INFORMATION

Office Hours:

9 a.m. – 4 p.m.

Monday – Thursday

FUNDING

The St. Joseph Spirituality Center, a non-profit organization, is not funded by the diocese or by any parish or institution.

In our 25th year, the Center derives financial support primarily from donations, which along with program fees, help to cover operating expenses.

We believe that promoting the spiritual growth of people is a cause worthy of generosity. Contributions are tax deductible to the extent allowed by law.

REDUCED FEES

Although we are entirely dependent upon program fees and donations for our support, we would not want anyone excluded for lack of funds. Please call the Center for more information on our policy of reduced fees or scholarship availability.

REFUNDS

1. If you are unable to attend a program for which you are already registered, we will refund your fee, upon request, less a 25% administrative charge. You also have the option to transfer the fee to a future program sponsored by the Center.

2. Weekend retreat fees will not be refunded if cancellation occurs within a week of the retreat.

3. We rarely cancel. If we do, we will refund the entire fee. When making a last-minute decision to attend a program, it is wise to call the Center to make certain that the program is still on schedule.

MEMORIAL DONATIONS ARE GRATEFULLY ACCEPTED

REGISTRATION

Name: _____

Address: _____

_____ Zip Code _____

Telephone: _____

Email: _____

Program(s): _____

Amount enclosed: \$ _____

Please clip and return with your check,
made payable to St. Joseph Spirituality Center
2980 Kleinert Avenue
Baton Rouge, LA 70806
Phone: (225) 383-3349 Fax: (225) 336-4874

